

**Captain Character™ – The Family Reading Plan**  
**Book #2 – The Legend**

**Generosity – (page 3)**

**The Storyline**

“The Legend” opens with Dr. Matthew Meleg returning to the college from which he graduated, the University of Illinois (U of I) in Champaign, IL. He is an invited speaker to talk to a group of physics students about his research experiment. As he arrives in town the night before, he goes to dinner and encounters two college students arguing about how they are going to pay for dinner. They are causing a distraction and the restaurant owner tells them to leave. Captain Character teaches them about generosity and turns the situation around to something positive. One of these students remains engaged in this book in an interesting way.

**Character Trait Summary**

**GENEROSITY** is when you give to someone else. It is being generous or giving to another. You are unselfish in how you think. You think of the other person – even over yourself. You give freely to others. Dictionary.com defines generosity as “freedom from meanness or smallness of mind or character.” Freedom from “smallness of character” is what being a person of character is all about. If you are generous with others, that friendship may last a lifetime. When you are generous with others, you will also show other character traits in the process.

**Discussion Questions**

- **Have you ever had a time when you were able to be generous with someone else?**
  - **What good thing were you able to do?**
  - **How did that make the other person feel?**
  - **How did it make you feel?**
  - **Would you like to do that again? Why?**
- **Explain a time when someone was generous with you.**
  - **How did you feel?**
  - **How did the other person feel?**
  - **Would you like to do that same thing for someone else?**

### Parental Teaching Moments

- How can showing generosity turn a situation around from something bad into something good?
- Explain a personal situation when someone did not show generosity towards you and what you would have liked to have occurred.
- Describe a situation you heard about or read about where someone was generous to someone else.
- What other good character traits show up in your life when you show generosity? (examples: kindness, honesty & thoughtfulness)
- Describe a current events situation (possibly seen in the news) where generosity was or was not shown.
- Provide them your expectations of their actions regarding showing generosity to others.
- Can you think of how you can go out of your way to show generosity to someone else this week?
- Later in the week ask each other how they showed generosity to someone since discussing it.

### Trustworthiness – (page 23)

#### The Storyline

Captain Character springs into action when he finds a high school girl in distress. She is being followed by two boys from school. They think she is cute and that it is cool to follow after her. She does not feel that way and is afraid. Captain Character arrives in time to halt this situation. She explains to Captain Character that she wanted to run but feared they would chase her. She was afraid for herself and her family. He explains to her that she should not walk alone but be with others she trusts. He also tells her to tell her parents about what happened to her. He explains to the boys that this was not cool, and they need to be trustworthy instead. What is different about this encounter is that Zachary, Geoffrey and George from Book #1 “The Adventure Begins” arrive on scene as this is unfolding and witness the event.

#### Character Trait Summary

**TRUSTWORTHINESS** means being responsible to others and faithful in all you do. A trustworthy person is dependable, reliable and self-controlled. Such a person will be respectable and make others feel safe.

**You do what you say you will do and do not gossip. Being trustworthy is important because we live in a world of distrust. When you are trusted you will breathe life into difficult situations and show others that you are deserving of their trust and confidence. You will bring people closer together. When you are with others who are trustworthy, you also will feel safe.**

### **Discussion Questions**

- **Describe a situation when you acted in a trustworthy manner.**
- **Explain how you felt and how others felt around you.**
- **What may have occurred if you had not acted as someone that could be trusted?**
- **Have you ever been in a situation when someone you were with was not trustworthy?**
- **How did you feel and how did you respond?**

### **Parental Teaching Moments**

- **Describe a current events situation (possibly seen in the news) where trustworthiness was or was not show.**
- **Provide them your expectations of their actions regarding being trustworthy.**
- **Explain how you want them to tell you if they ever find themselves in a situation with someone who is not trustworthy.**
- **Explain that just as Captain Character told the girl to tell her parents, they need to tell you or someone else who is in authority in their lives. They cannot hide a situation like this for their own safety.**
- **Can you think of how you can go out of your way to be trustworthy to someone else this week?**
- **Later in the week ask each other how they showed trustworthiness to someone this week.**

## **Kindness – (page 52)**

### **The Storyline**

**After Captain Character appears at the local school and leaves to return to his car, he encounters two adult men in the parking lot arguing with one another. This is in front of the school children and their parents. They are watching Captain Character to see what he will do. He talks**

to these men and points out that they were not being nice to each other – and in front of children. The men realize the error of their ways. Captain Character tells them that they have an excellent opportunity to go to these children and set a good example. Together, the three return to the children and demonstrate what it means to show kindness. The situation is turned around for the good and the children learn a good lesson.

### Character Trait Summary

**KINDNESS** is when we are good to one another. It is when we are helpful and speak courteously to one another. It is when we show friendship and caring. When we speak softly toward one another and with good intent, we show kindness. We need to think before we speak so the right words come out of our mouths.

### Discussion Questions

- Explain a time when you showed kindness to someone else.
- What did you do with specific intent to be kind?
- How did they react?
- When did someone show kindness to you?
- How did you feel?
- Was there ever a time when you needed someone to be kind to you and they were not?
- How did that make you feel?

### Parental Teaching Moments

- Describe a current events situation (possibly seen in the news) where kindness was or was not shown.
- Provide them your expectations of their actions regarding being kind to others.
- Explain how you expect everyone in the family to be kind to one another.
- Can you think of how you can go out of your way to be kind to someone this week?
- Later in the week circle back and see how they did.